



WELLESLEY COA SENIOR LUNCH PROGRAM

December 2016

The Wellesley Council on Aging and the Friends of the Wellesley Council on Aging are thrilled to partner with Express Gourmet of Wellesley for our popular senior lunch program. Guests are charged \$4.00 per meal and must sign-up no later than 9:30 a.m. the day prior. *Please inform COA Staff and Volunteers of any food allergies at the time of registration*. Please call the Wellesley Council on Aging with any questions at 781-235-3961.

TUESDAY	THURSDAY	FRIDAY
	<u>December 1</u> Roast Beef & Swiss Panini Garden Salad Brownie	<u>December 2</u> Chicken Kabob over Rice Pilaf Steamed Vegetables Chocolate Chip Cookie
<u>December 6</u> Salmon over Garden Salad Mint Chip Ice Cream	<u>December 8</u> Pulled Pork Sandwich Potato Chips Vanilla Ice Cream	<u>December 9</u> No Lunch Today: Annual COA Happy Holidays Party (pre-registration required) 
<u>December 13</u> Chicken Parmesan over Pasta Garden Salad Reese Peanut Butter Cookie	<u>December 15</u> Chicken Kabob over Rice Pilaf Coffee Ice Cream	<u>December 16</u> Chicken, Tomato, Pesto & Mozzarella Panini Potato Chips Black Raspberry Ice Cream
<u>December 20</u> Virginia Ham Sandwich (Ham, Tomato, Swiss, Mustard, Caramelized Onions on a Croissant) Sunchips Oreo Ice Cream	<u>December 22</u> ½ Lemon Chicken Soup ½ Turkey Sandwich (Turkey, Honey Mustard, Apple slices, Sprouts & Bacon) Cheesecake	<u>December 23</u> Chicken Broccoli Ziti Chocolate Cookie
<u>December 27</u> American Chop Suey Garden Salad Vanilla Pudding	<u>December 29</u> Lemon Chicken Piccata over White Rice Garden Salad Brownie	<u>December 30</u> Route 16 Sandwich (Roast Beef, Garlic Herb Butter, Lettuce, Tomato & Caramelized Onions) Doritos Coffee Ice Cream

Special thanks to the Friends of the Wellesley Council on Aging (FWCOA) for subsidizing this senior lunch program!

For more information about FWCOA, visit their website:

www.wellesleyfriendscoa.com

Turn page for December
movie schedule!





Free Friday Movies at the Wellesley Council on Aging

December 2016

Movies start at 12:30 p.m.

December 2: The Meddler (2016) On the heels of her husband's death, Marnie Minervini moves to Los Angeles and begins interfering with her daughter Lori's life. But after Marnie's chance encounter with a charismatic security guard, she turns her attention in a different direction. Starring: Susan Sarandon, Rose Byrne, J.K. Simmons Rated PG-13, 1hr43min

December 9—no film (COA Annual Happy Holidays Party)

December 16—Miracle on 34th Street (1947) When Santa falls down drunk in the Thanksgiving Day Parade, reluctant Macy's supervisor Doris Walker (Maureen O'Hara) offers the job to a bearded Kris Kringle (Edmund Gwenn, who won a Best Supporting Actor Oscar) purporting to be the real Santa! During the Christmas season, he shares a flat with Doris's neighbor (John Payne), who has eyes for Doris. Kris hopes to unite the two while winning over Doris's skeptical 6-year-old daughter (Natalie Wood). Rated: NR, 1hr 36 min

December 23—no film (COA closes at 1p.m.)

December 30—no film (COA closes at 1p.m.)

